

## Confirmation Email

You will receive an email that your registration has been accepted for the camp program(s). Beginning in April, you will also receive a confirmation email with more information about your Girl Scout's camp program.

## Health Forms

Girl Scouts of Utah uses *UltraCamp* for all resident camp programs. This is only for camps between June and August, when girls come by themselves for three or more days. After registering for a resident camp program, you will receive an email with information about how to complete your camper's health information.

## Cancellations and Refunds

The \$50 deposit is non-refundable and non-transferable to other girls or other camp programs for the same girl.

The remainder of the camp fee (\$50 deposit excluded) will be refunded if:

- GSU receives a written (email) notification of the cancellation at least five weeks prior to the camp program.
- A camper leaves a camp program due to illness or injury and GSU receives a written (email) request for a refund within two weeks after the camper returns home. Refunds are pro-rated on a per diem basis.
- A camper cannot attend a camp program because she becomes ill or injured and GSU receives a written (email) request for a refund, with a physician's note, within one week after scheduled camp program.
- GSU cancels the camp program and alternative programs were offered, but you choose not to select an alternative program.

No refunds will be issued if a girl returns home due to homesickness, misconduct, parent/guardian request, and/or any other circumstance.

## Disclaimer

Girl Scouts of Utah plans quality programs for camp with the health, safety and well-being of campers as our first priority. Some sessions may be altered or cancelled due to weather, fire, natural disaster, staffing concerns, or low registration numbers. The Camp Director may determine whether a girl is competent to participate in any activity and if necessary, transfer her to another program. When necessary, campers will participate in alternate activities. No refunds will be issued if changes are made to activities due to weather, fire, or natural disaster. If a session is canceled due to low registration numbers, campers will be given the opportunity to select another program.

## Check-in and Check-out Day

### Before Camp

1. Read over all the information in this document. If you have questions or concerns, please contact Camp Staff.
2. Make an appointment for a physical exam if your camper's program requires one.
3. By May 22, 2019, complete all of your camper's forms in your UltraCamp account. This allows Camp Directors and health staff time to review prior to camp season beginning. If you registered after May 22, please complete your forms ASAP.
4. Go over the camp guidelines and expectations with your camper (see Camp Guidelines below).
5. Make sure your camper has had success sleeping away from home.
6. Attend Camp Open House Days if you or your camper would like to tour the camp prior to her camp program.

### Check-In Day

Allow up to two hours for the check-in process once you and your camper arrive at camp.

If your camper is of driving age and will drive to camp on her own, contact the Camp Director to discuss this process.

### Before leaving home, check your arrival time.

- Due to limited parking areas at both camps, Girl Scouts of Utah uses a staggered check-in time for opening day. Arriving at your assigned staggered check-in time helps lessen your wait time and the wait time of others.
- If you are checking in more than one camper, please arrive at the earliest assigned check-in time.
- If you are checking campers in at both camps, please contact the Camp Directors to make arrangements.



**Before leaving home, make sure you having the following:**

- Sleeping bag, pillow, backpack, water bottle, and duffle bag or suitcase.
- Directions/map to the camp property (attachment in confirmation email).
- Have any medications/vitamins and paperwork easily accessible for check in, this includes over-the-counter medications. All medications must be in their original containers. Due to American Camp Association (ACA) requirements, medication not in its original container will not be accepted under any circumstances. Prescription medication must be labeled with the child's name.

**When you arrive at camp, at your scheduled check in time:**

- Camp staff will direct you from the camp gate to a parking space.
- You and your camper will rotate through various check-in stations including:
  - Visiting with the Camp Director and turning in any needed forms.
  - Dropping off mail for your camper.
  - Checking-in any medication with the Health Supervisor. Completing a brief health screening (check temperature, head lice, etc.).
  - Stopping by the Trading Post (camp store) to set up your camper's account and/or to purchase items.
  - Meeting one of your camper's camp counselors.
  - Dropping off luggage.
  - Visiting your camper's sleeping area.
  - Camp staff will help direct you back out of the parking lot to the gate.

**Please Note:**

- Leave your dogs/cats at home. Pets are not allowed in camp – no exceptions.
- Wear closed-toed shoes while on camp property.
- Refrain from smoking while on camp property. Camp is a smoke-free environment.

**Check In Times:**

\*If you have multiple campers, come to the earliest check-in time please.

\*If you have campers checking in the same day at both camps, please contact [camp@gsutah.org](mailto:camp@gsutah.org) to make arrangements.

**Camp Cloud Rim**

10:00 a.m.	10:20 a.m.	10:40 a.m.	11:00 a.m.	11:20 a.m.	11:40 a.m.
Junior Counselor	Campapalooza	Camper Sampler Mini	Try It! You'll Like It! Mini	Just for Daisies Mini	All Stars
Artrageous	Night Owls	Camper Sampler	Splish, Splash	Boating Bonanza	Backpacker
CIT 2		Big Sis, Lil Sis		Moonlight Mania	LIT
Experiments and Explosions				Aquatic Sailors	
Sister, Sister					

**Programs with Thursday Check-Ins**

9:00 a.m.
Try It! You'll Like It! Mini
Camper Sampler Mini
Just for Daisies Mini



## Trefoil Ranch

10:00 a.m.	10:20 a.m.	10:40 a.m.	11:00 a.m.	11:20 a.m.	11:40 a.m.
Little Chef	Campapalooza	Camp Chef	Horse Lover	Adrenaline Rush	All Stars
Range Riders	CIT 1	Into the Woods	LEAP	Branch Out	Pony Tails
Smoke Jumpers	Hard Hats & Horse Sense	Kickin' It Camp Style		Chopped Junior	
Take the Reins		Ultimate Camp Challenge		Junior Survivor	
WIT 1		Up in the Trees			
WIT 2					

## Programs with Thursday Check-Ins

9:00 a.m.
Flashlight & Fairy Tales
Just for Daisies
Little Chef

## Check-Out Day

Allow up to one hour for the check-out process once you arrive at camp. You will be asked to present a photo I.D. when checking out your camper.

Check-out time is 9am

- For all programs ending on Saturdays, breakfast is served prior to check-out.

Check-out time is 6pm

- For all programs ending during the week, a sack dinner is served prior to check-out for campers wishing to have one.

## When you arrive at camp for check-out:

- Camp staff will direct you from the gate to a parking space.
- Pick up your camper by the lodge. Girls will be finishing breakfast and singing songs or with their group during this time.
- Sign your camper out with her counselors.
- If your camper brought medications with her to camp, pick up medications from Health Supervisor.
- Pick up all luggage from the luggage area. Be sure you have all of your camper's items, including: sleeping bags, pillows, stuffed animals, dirty clothes bags, etc. Many times campers go home with more luggage than they brought with them.
- Camp staff will help direct you back out of the parking lot to the gate.

If your camper needs to check-out early

- Please notify the Camp Director when you sign your camper in on check-in day. The Camp Director may limit the time of day early check out is available in order to minimize disruption to camp programs.



## Lost and Found

Girl Scouts of Utah is not responsible for lost or stolen items.

- “Found” items are returned to the GSU Salt Lake City office (445 East 4500 South) every two weeks.
- Craft projects, personal hygiene items, socks, underwear, and other such items will not be sent to GSU.
- Please do not contact the camp about lost and found items. Call (801) 265-8472 for lost items.
- All items not claimed by Labor Day will be sent to a local charity.

## Packing List

This packing list is for a week-long session. Please adjust accordingly for shorter or longer sessions. Pack enough clothes to last your camper’s entire stay at camp. Laundry facilities are only available for those campers in programs lasting two weeks or longer.

**Label your camper’s belongings!** Many campers bring similar looking items. Labeling items reduces conflict over ownership and reduces unclaimed lost and found.

**Do not bring Girl Scout Uniform pieces, Journey books or badge books.** They are not required at camp and more often than not get misplaced and lost.

## Clothing

- 2 pairs of closed-toes, closed-heeled shoes (1 pair lace-up tennis shoes; 1 pair sturdy boots or shoes for hiking)
- Warm sweater and/or sweatshirt (2)
- Pants and shorts (2-3 pair each)
- T-shirts (5-6) (note: no tank tops; need sleeves for sun protection)
- Long sleeved shirt (2)
- Underwear (5-6)
- Socks (5-6; at least one pair of heavier socks)
- Hat with brim
- Bandana
- Knit hat
- Rain gear (waterproof jacket or poncho)
- Warm pajamas (2)
- Warm coat
- Swimsuit (modest in nature; no string bikinis)
- Shower shoes (to wear only while in the shower)

## Camp Gear

- Sleeping bag (rated to 20 degrees or cooler)
- Sheet (to cover mattress)
- Pillow
- Warm blanket or fleece liner
- Bath towel
- 24-32 ounce durable water bottle
- Dishes or mess kit (durable cup, bowl, and spoon)
- Sunglasses
- Backpack or daypack (used for hiking and carrying daily items: water bottle, sweatshirt, camera, etc.)
- Flashlight with extra batteries

## Toiletries

It is helpful to campers if toiletries are in a little bag that is easy to carry to the restroom.

- |                           |                       |
|---------------------------|-----------------------|
| • Toothbrush & toothpaste | • Lip Balm (SPF 15+)  |
| • Hairbrush/comb          | • Sunscreen (SPF 30+) |
| • Body soap & lotion      | • Insect repellent    |
| • Shampoo/conditioner     | • Sanitary supplies   |
| • Deodorant               |                       |



## Optional Equipment

- Camera (a cell phone will not work as a camera)
- Stationery (addressed and stamped)
- Pen/pencil
- Laundry bag
- Stuffed animal
- Book

Theme Weeks Items (Optional) - See page 15 for theme week information.

## Camp Cloud Rim – Additional Items

- Water shoes (Must be closed-toed and have heel strap; extra water shoes are available for campers to borrow)
- Beach towel (2, if in water-based program)
- Extra swimming suit (if in water-based program)

## Trefoil Ranch- additional items to pack for horse programs

- Campers participating in horseback riding must wear long pants, a helmet (provided), and boots with at least 1/2 inch heel while riding. For safety, riding boots must have a smooth bottom and be designed for horseback riding. Tennis shoes, loafers, fashion boots, or wedge bottom footwear such as hiking shoes/boots are not appropriate. Extra boots are available for campers to borrow while riding; families do not need to purchase boots.
- Extra jeans
- Boots with a 1/2 inch heel

## Items to leave at home

- Candy, gum, food, or soda
- Curling irons, blow dryers, straighteners, etc.
- Items packaged in glass containers
- Personal sports equipment (archery equipment, climbing gear, lifejackets, riding helmets, etc.)
- Animals (your pets will do much better at your home than in the camp environment)
- No drugs, weapons, alcohol, or contraband of any kind
- iPods, MP3 players, CD players, etc.
- iPads, Kindles, Nooks, and other electronic devices
- Cell phones (cannot be used in place of a camera; camper can be sent home for possession of cell phone)
- Electronic items can easily be damaged in the camp environment. If the campers bring these items to camp, they will be labeled and put in the Camp Director's possession until the camper checks out

## Dress Code

Girl Scouts of Utah's camp dress code is similar to a public school dress code.

- Clothes must be modest in nature and protect your camper from the elements.
- Closed-toed and closed-heeled shoes and socks are required.
- Your camper may wear sandals or water shoes while showering.
- Shorts must be modest in length (to tips of fingertips).
- Clothes/appearance should not promote drugs, alcohol, or be gang related.

## Weather and Special Packing Considerations

At Trefoil Ranch, the days are hot and the nights are cooler. At the beginning and end of the summer it may be quite a bit cooler at camp than in the Salt Lake Valley.

Camp Cloud Rim will on average, be 10-20 degrees cooler than the Salt Lake Valley. Afternoon rain showers are common. Mornings and evenings are cool, days are moderate and the nights are cold. The camp often has patches of snow on the ground through June. It is possible for camp to reach freezing temperatures at nighttime in June and August.



## Theme Weeks

We are excited to have theme weeks at both of our camps. Each week brings a different theme that campers get to experience through campfires, theme meals, all-camps, dress up days, and more! Themes do not interfere with the camp you signed up for, but will enhance the fantastic camp experience! Themes were decided by your Camper Council.

### All Troop Camping Sessions: Oh the Places You'll Go!

Dr. Seuss is taking over troop camping this year! Join us for a breakfast of Green Eggs and Ham, help us team up with the Lorax to save all the truffula trees, and more! We're off to great places! Today is our day! The mountains are waiting! So let's get on our way!

### June 17-22 Medieval

Calling all Knights and Princesses! We'll be riding into medieval times this week to take on a journey like no other. Practice your jousting skills with pool noodles, build a catapult, and enjoy a meal fit for Kings and Queens!

### June 24-29 Out of this World

3...2...1...Blastoff! We're launching camp into outer space! Who knows what we'll find on our journey... we may meet a new alien race, or navigate our spaceship to avoid running into UFOs, or be stuck on our space craft and have to eat an astronaut inspired snack!

### July 1-6 Harry Potter

All Wizards and Muggles are welcome to join us as we experience camp at Hogwarts for this wizarding week! Make your own wand, play Quiddich, and enjoy a dinner in the Great Hall, complete with poly juice potion!

### July 8-13 Camp's Got Talent

Find your inner superstar at Camp's Got Talent week! This week will be full of red carpet events, karaoke competitions, and a runway fashion show. We'll finish off the week with a camp wide talent show!

### July 15-20 Wild Wild West

Yee-Haw! We're taking a trip back in time this week when the west was wild and cowgirl boots and bandanas were all the fashion! Hunt for gold during all-camp, enjoy a western-themed meal, and improve your skills at the rodeo!

### July 22-27 Under the Big Top

Are you ready for the greatest show on camp? Join us as camp turns into a wild circus for the week. Learn how to juggle, dress in your wackiest outfit, and enjoy a carnival complete with popcorn and face painting!

### July 29-August 3 Pirate

Arrrrggggg! The pirates have taken over ye camp. Prove yerselves worthy by spending the week talking like pirates, wearing eye patches, enjoying a ship-wrecked meal, and having crazy water battles!

### Aug 5-10 Halloween

Halloween is so much fun, why only celebrate once a year? Wear a costume every day, make a spooky snack, and create Halloween crafts. We'll top of the week with a camp wide trick or treat event!

## Camp Health Information

### Health Supervisor

All camps have a qualified Health Supervisor on site with a Level 2 First Aid certification or higher. Camp administers basic first aid only. A doctor is on-call and medical facilities are readily available. In the event of an emergency, the camp staff will transport the camper to emergency services. You will be notified in the event of a serious illness or injury.

### Medications

Your child will be assisted in taking prescribed medication provided the medication is in its original container and is prescribed specifically for her. Both camps carry over-the-counter medication such as: Tylenol, Ibuprofen, Tums, Benadryl, and cough drops, which you can authorize the camp to administer.

